

**Sheryl J. Wainwright, MBA, BSN, RN, CCM, LNCC, CLCP, MSCC**  
**P.O. Box 677**  
**St. George, UT 84770**  
**(888) 448-2470**

**Objective:** To continue to develop expertise in the field of Case Management, Disease Management and Wellness Promotion, Medical Management, Occupational Health Care, Life Care Planning and Legal Nurse Consulting and, by so doing, promote optimal utilization and management of health care resources.

**Education:** **Tauranga School of Nursing**  
Tauranga, New Zealand  
1981 - 1984

**Massey University**  
Palmerston North, New Zealand  
1995 – 1998  
Bachelors of Nursing

**University of Utah**  
Salt Lake City, UT  
2007 – 2009  
EMBA

**Continuing Education:** **Life Care Planning and Medical-Legal Consulting**  
Institute for Medical-Legal Education  
1999

**Kaplan University**  
Life Care Planning Certification Program  
2008 – 2010

**Villanova University**  
Six Sigma Series  
July – November, 2012

**The Complete Medicare Set-Aside Training**  
John J. Campbell, JD, CELA, MSCC  
April, 2013

**University of Florida**  
Medicare Set Aside Professional Certification Program  
2015

**Certifications:**

**Certification for Case Manager**

National Certification Examination  
Commission for Case Management Certification  
November 1993 – current

**Legal Nurse Consultant Certified**

National Certification Examination  
American Legal Nurse Consultant Certification Board  
October 2003 – Current

**Certified Life Care Planner**

National Certification Examination  
International Commission on Health Care Certification  
April 2012 – Current

**Medicare Set-Aside Consultant Certified**

National Certification Examination  
International Commission on Health Care Certification  
June 2013 - Current

**Six Sigma Green Belt – Healthcare**

Villanova University  
May, 2012

**Lean Six Sigma**

Villanova University  
July, 2012

**Lean Six Sigma Black Belt**

Villanova University  
November, 2012

**Master Certificate – Six Sigma –Healthcare**

Villanova University  
November, 2012

**Facilitator Workshop/CQI Certification**

Instructor: Brent James  
IHC CQI and Facilitator Workshop Series  
Graduated November 1997

**Licensure:**

**Registered Nurse**

Utah - License Number 217032-3102  
Nevada – License Number RN90935  
Wyoming – License Number 38736  
Hawaii – License Number RN-85024.  
New Zealand – License Number V111638

**Professional Memberships:**

**Individual Case Management Association**  
USA

**American Association of Legal Nurse Consultants**  
USA

**American Association of Nurse Life Care Planners**  
USA

**Employment History:**

November, 2014  
to present

**Premier Medicare Set-Aside Specialists, LLC**  
Salt Lake City, UT  
Manager/Owner

PMSAS is an independent company which performs Medicare Set-Asides for attorneys and insurers.

August, 2014 -  
Current

**Premier Medico-Legal Consulting Services, LLC,**  
Salt Lake City, UT  
Manager/Owner

PMLCS is a Consulting, Case Management, Life and Medicare Set-Aside company providing customized consulting services for insurers, health departments, employers, attorneys and individual consumers.

May, 2012  
Current

**Premier Managed Care Solutions, LLC**  
Salt Lake City, UT  
Manager/Owner

PMCS is an independent Case Management, Utilization Management, and Medical Expense Management company. PMCS provides customized services for insurers, health departments, employers, attorneys and individual consumers including return to work, workers compensation, insurance life care planning, disease management, and medical case management. Work closely with adult and pediatric clients

December, 2000 -  
February, 2015

**Dobson and Associates, LLC**  
Salt Lake City, UT  
Manager/Owner

Dobson and Associates, LLC is an independent Case Management, Utilization Management, and Medical Expense Management company. Dobson and Associates, LLC provides customized services for insurers,

health departments, employers, attorneys and individual consumers including return to work, workers compensation, insurance life care planning, disease management, and medical case management. Work closely with adult and pediatric clients.

January, 2003  
December, 2004

**Caring Hearts Home Health**  
Salt Lake City, UT  
Co-owner

Disease Management Specialists is a licensed home health agency which provides comprehensive management and home treatment programs under a disease management model for pediatric and adult clients with high risk illnesses.

July, 2002  
- 2010

**CHAMP Advocacy, Inc**  
President/CEO

CHAMP Advocacy, Inc is a Not for Profit company which provides medical, psychosocial and case management services for clients who are under served and/or under or uninsured in the State of Utah.

Aug 1999 -  
Feb. 2001

**Health South Occupational Health and Urgent Care Clinic**  
Salt Lake City, UT  
Occupational Health and Urgent Care Clinic Staff RN.

November, 1998 -  
August, 2014

**SDW Consulting Services, LLC,**  
Salt Lake City, UT  
Manager/Owner

SDW Consulting Services, LLC is a Consulting, Case Management, Life Care Planning, Legal Nurse Consulting, and Medicare Set-Aside company providing customized consulting services for insurers, health departments, employers, attorneys and individual consumers.

November 1996 -  
May, 1999

**IHC Health Plans, Inc**  
Salt Lake City, UT  
Manager/Director, Utilization Management/Case Management

As Director of Utilization Management and Case Management, I was responsible for more than 60 Utilization Management and Case Management staff members including intake coordinators, nursing staff and social work staff. Responsibilities included, but not limited to, budget, policies and procedures, criteria, risk management, management of the Utilization Management and Case Management Program, program development, facilitating work groups and project design committees, designing and implementing disease management programs and staff development. In addition, I was actively involved in maintaining compliance standards for NCQA, HEDIS, HCFA and The State of Utah, as well as

managing the fiscal responsibility of the utilization management and case management functions for the IHC Health Plans products. Of the eight teams that I worked with, 3 teams are decentralized from the central office, and I was responsible for the integration of the Health Plans Case Management staff with those located in the physician groups and facilities, promoting an effective and collaborative team. I was also responsible for the integration of IHC Health Plans utilization Management and Case Management with the rest of Intermountain Health Care in the integrated delivery system model, and worked closely with the Clinical Integration Programs. Consequently I worked very closely with directors, physicians, other health care professionals and company vice presidents within IHC. As director, I was also responsible for reviewing, evaluating and making recommendations regarding quality of care and access to care complaints from members. Involvement included participating in risk management activities by consulting with company attorneys and IHC senior leaders regarding liability risk and case resolution.

### **IHC Home Care Services**

Salt Lake City, UT

Weekend Clinical Coordinator

May 1998 -  
March, 1999

Responsibilities also included assuring that referrals to the Home Care staff are made in a timely and appropriate fashion so that patients receive care rapidly and as ordered.

### **Community Nursing Services**

Salt Lake City, UT

Weekend Staff Nurse

March 1991 -  
December 1997

Position was as a staff nurse for weekend shifts to provide home health care to patients in their homes.

### **IHC Health Plans, Inc**

Team Leader, Government Programs UM/CM

September 1996 -  
November 1996

I was the team leader of the Government Programs Utilization Management Team, coordinating human resources for the team, budget, interactions with the Government Programs Business Unit, coordinating programs with the State of Utah for the Medicaid product and HCFA for Medicare. I interacted closely with the Manager of Utilization Management and Case Management, the Director of Health Care Services, as well as other senior staff throughout IHC's Health Plan, Corporate Offices, Facilities and Physician Offices. I was involved in the program development for the Government Programs team, risk management and maintaining regulatory compliance. Also developed, implemented and provided case management services for catastrophically ill and injured adult and pediatric clients.

June 1996 -  
September 1996

**IHC Health Plans, Inc**  
Team Lead, Case Management

I worked as the team lead for the Medical Case Management team at IHC Health Plans. Responsibilities included staffing and human resource, teaching and orientation, policy and procedures, program development, risk management and staff development. Responsible for development and implementation of care plans and programs for adult and pediatric clients.

May 1995 -  
September 1996

**IHC Health Plans, Inc**  
Medical Case Manager

I case managed IHC Health Plans members who had suffered catastrophic and chronic illnesses or injuries, promoting optimal care and services in the most cost effective settings. Specialized in the Care Management of multiple trauma, multi system failure, rehabilitation, HIV/AIDS and cystic fibrosis clients. Case Manager for adult and pediatric clients. I was fiscally accountable for the decisions and determinations made in relation to patient care. I interacted closely with the patient and their family members, attorneys, physicians, facilities, nursing staff and all other health care personnel involved in the treatment of the patient to develop and collaborate on a care plan that would result in the optimal medical outcomes. I managed all members with any diagnosis that benefited from case management intervention. In my role as Case Manager, I was also involved in risk management activities, and evaluated issues related to access to care and quality of care complaints from members.

November 1990 -  
May 1995

**LDS Hospital**  
Salt Lake City, UT  
Case Manager, Surgery and Critical Care

Implemented this new position in a tertiary care facility. I managed and coordinated patient care working with Case Management clients, their family members, physicians, the interdisciplinary team and insurance carriers to provide safe, consistent and optimal care for the clients throughout the health care continuum. I followed the patient throughout their hospitalization and performed follow up contacts after discharge. I promoted patient transfers to rehabilitation units, skilled nursing facilities, and community facilities while utilizing resources effectively and optimally for improved patient outcomes. Case Management duties also included participating in risk management activities with the risk management team and, when appropriate, company attorneys in relation to quality of care and delivery of care complaints.

March 1989 -  
November 1990

**Alta Health Strategies**  
Salt Lake City, UT  
Case Manager

Case Management services for catastrophically ill and injured adults and children.

March 1987 -  
March 1989

**Sanpete Valley Hospital**  
Mt. Pleasant, UT  
Charge Nurse/Staff Nurse

January 1986 -  
December 1986

**Waikato Hospital**  
Hamilton, New Zealand  
Staff Nurse, Critical Care

July 1984 -  
January 1986

**Greenlane Hospital**  
Auckland, New Zealand  
Staff Nurse

**Additional  
Professional**

Expert Witness in Case Management litigation cases involving Insurance Case Managers and quality of care issues.

Expert Witness to develop Life Care Plans for Medical Malpractice and Personal Injury Claims

Presenter at workshops in Utah regarding case management and utilization management programs.

Designed and implemented state of the art Disease Management, Case Management and Utilization Management programs

Co-owner of a home care agency specializing in Disease Management Protocols

**Interests:**

I am very people oriented, and enjoy working in a collaborative and positive work environment.

**References:**

Available upon request.